

## Dr. Thomas Dayspring

Dr. Thomas Dayspring is a Fellow of both the American College of Physicians and the National Lipid Association and is certified in internal medicine, and clinical lipidology.

After practicing in New Jersey for 37 years, he relocated to Virginia and served as an educational director for a nonprofit cardiovascular foundation and later as a Chief Academic Advisor for two major CV laboratories. Currently he is a cardiovascular educational researcher and clinical lipidologist at a select practice.

Career-wise he has given over 4000 domestic and international lectures, including over 600 CME programs on atherothrombosis, lipids/lipoproteins (and their treatment), vascular biology, biomarker testing, and women's cardiovascular issues.

He has authored several manuscripts and lipid textbook chapters and performed several podcasts. He served as an Associate Editor of the Journal of Clinical Lipidology. He was the recipient of the 2011 National Lipid Association's Presidents Award for services to clinical lipidology.

He has well over 16K followers on his educational Twitter feed (@DrLipid)